PLAR Application Checklist

Prospective FSNM students may apply for a Prior Learning Assessment and Recognition (PLAR). This review allows an assessor to determine whether previous academic experience matches courses in the FSNM curriculum. Prospective students may apply for recognition and exemption from any course offered within the FSNM program except course 6: Quality Management.

It is at the discretion of CHA Learning to grant exemptions based on the information submitted by the student. A maximum of 3 courses in the FSNM program can be exempted.

Applicants with academic or employment experiences in the following areas may be eligible for course exemptions, and therefore are encouraged to use the PLAR application:

- Culinary or Hospitality Management
- Business Management
- Human Resources Management
- Red Seal cooks papers
- Nutrition and Dietetics
- Nursing or other healthcare professions with training/experience in nutrition care

PLAR applications must include all the components listed in the FSNM Standard Application Checklist, as well as this PLAR Application Checklist. CHA Learning does not accept incomplete applications.

Course Exemptions Checklist

<table>
<thead>
<tr>
<th></th>
<th>Required Submissions</th>
<th>Description</th>
<th>Supporting Information</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1. $195.00 PLAR Fee</td>
<td>Purchase this fee through our website, when processed you will receive an email with instructions to upload the required application documents</td>
<td>Please allow 5-7 business days for processing</td>
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<td></td>
<td>2. Transcripts</td>
<td>A copy of the transcript(s) that shows successful completion of the relevant course. Transcripts must include a final grade.</td>
<td>These transcripts relate specifically to the courses from which you are seeking exemptions. Secondary to the original transcripts submitted in the full application.</td>
</tr>
<tr>
<td>No.</td>
<td>Section Title</td>
<td>Information Provided</td>
<td></td>
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| 3   | Course Description and Syllabus    | Information pertaining to:  
1. The school and program in which the courses were taken  
2. Detailed topics of study  
3. Course evaluation format (exams, assignments, projects, etc.)  
4. The number of course hours, if applicable |
| 4   | PLAR Application Form              | Complete the PLAR Application Form and upload it with your application. Select the courses from which would you wish to apply for exemptions |