PLAR Application Form

Student Name: ________________________________
Student Email: ________________________________

Please select the course[s] you wish to apply for exemption from:

☐ Course 1: Food Service Systems Management
☐ Course 2: Human Resources Management and Communications
☐ Course 3: Business Management, Marketing, and Promotion
☐ Course 4: Nutrition and Healthy Living

Course 5: Clinical Nutrition (Not Eligible for Exemption)
Course 6: Quality Management (Not Eligible for Exemption)
In order to have your prior learning considered by CHA Learning, the following information must be submitted in addition to the general application documents required for the FSNM program:

- $195 PLAR fee

A. If you have completed a relevant program such as:
   - Culinary or Hospitality Management
   - Business management
   - Human resources management
   - Red Seal cooks papers
   - Bachelor of Science in nutrition
   - Diploma in nutrition
   - Diet technician diploma

Please submit the following:
- Copy of certificate, diploma or degree indicating successful completion of relevant program
- The transcript is clearly indicating successful completion of the program including courses and final grades

AND/OR

B. If you have completed individual courses, please submit the following:
- Transcript clearly indicating successful completion of course[s] and final grades
  - Course description[s] and syllabus which must include information pertaining to:
  - The school and program in which the courses were taken
  - Detailed topics of study
  - Course evaluation format(exams, assignments, projects, activities, etc.)
  - The number of course hours, if applicable

AND/OR

C. If you are using work experience to apply for PLAR, please submit the following:
- A short (500 word maximum) typed letter describing how your work experience meets the competencies of the FSNM course[s]. Please contact the Program Director if you have questions about the competencies for each course.